

JOSLYN CENTER JANUARY 2023 NEWSLETTER

By Dave Stiles, 2023 Board President



Best wishes for a great New Year! As we start 2023, Joslyn Center is fully open and there are no current restrictions on activities. Congratulations and thanks to the 2022 volunteer Executive Board: Mark Kantor, Dave Stiles, Celeste Swenson, Joel Cehn, Julie Krebs and Sharon Heyne. This Board successfully kept the Center thriving financially and operationally during these difficult times. A new Board starts 2023: Dave Stiles, President; Jim Major, 1st VP; Manya Brett, Secretary; Joel Cehn, Treasurer; Boyd Hogan, 2d VP and Mark Kantor, Past President. We'll do our best to keep up the progress made by the last Board to bring Joslyn back to pre-covid membership levels and to maintain financial well-being. We have one basic goal: to join all our members in having a really good time pursuing worthwhile activities related to fitness, sports, social and community connections, the arts and recreation.

JANUARY IS DUES MONTH

Joslyn has maintained the dues at \$50 per person per year, just like the previous year. If due to covid or other circumstances you let your membership lapse, simply renew this year. There's no paperwork to do, just pay the current 2023 dues. If your contact info has changed, fill out a new membership form but otherwise no need. There are two simple methods of payment, online at joslynrec.org or the traditional way by dropping off a check at the Joslyn office and/or using the mail slot at the front of the office. Karren is in the office for any questions or issues from 10-2:00p Mon-Thurs. We're looking forward to a full slate of club activities, and we are hoping to see everyone BACK!

BE SURE TO CHECK OUT THE [CALENDAR AT joslynrec.org](http://joslynrec.org)

Our [calendar](#) for the new year is packed, and it's always a good idea to check out the offerings and the times that they occur. There may be a few changes, last minute and otherwise. Plus, you may want to try out something new and maybe bring a friend or two also. Don't forget it's always free to attend two club sessions with no obligation. In addition, I plan to ask club presidents to designate members from each group to attend a training session on the defibrillator in the main hall as soon as that can be arranged. Watch for details.

CLUB UPDATES

BRIDGE CLUB

To complete your exercise program, exercise your BRAIN with bridge!

Tuesdays—Refresher bridge (beginners welcome) call Harriet Hawkins 805-203-5219

Thursdays—Find a partner and Play. Contact Harriet

FISHING CLUB

Join us for a terrific time fishing!



SPIRIT DANCE AND DRUM CLUB

Full Moon Drumming January 2 2023 @6:30p All members and friends invited. Bring snacks & soft drinks, plus a small donation for Joslyn Center. Info: Call Francesca 805-927-5528

PILATES

10:30—11:30 am Mondays and Thursdays Pilates for Seniors, on Mats Improve your posture, balance and well-being. Instructor Midge Firenze



Monthly Grounds Maintenance Schedule (2023)

The following grounds maintenance schedule should be followed once per month (more often if needed). Some tools (rake / brooms / debris bucket, etc.) are located in the small shed behind the gate on the east side of the building; ask for the combination to the lock if needed, it may be easier for groups to bring their own supplies.

MONTH (2023)	RESPONSIBLE CLUB
JANUARY	Poker Club
FEBRUARY	Couples Dance Club
MARCH	Table Tennis Club
APRIL	Joslyn Investment Club / Spirit and Drum Circle
MAY	Inner Rhythm
JUNE	Lawn Bowls
JULY	Chorale
AUGUST	Dancersize
SEPTEMBER	Fishing Club
OCTOBER	Bridge Club
NOVEMBER	Mah Jongg
DECEMBER	Rough Writers

Guidelines for Monthly Grounds Maintenance:

The club responsible for the month's maintenance should ensure that all of the following areas receive attention. The garden area inside the front wall does not need any work as this is being maintained by our resident horticulturist Judy Butler and the Mah Jongg group on an ongoing basis. Work on the front parking areas is best performed when clubs are **not** in attendance at the Center when fewer vehicles are in the parking areas.

Patio & Walkways & Front Seating Area:

- Broom-sweep patio and entryway
- Remove all litter and debris (paper, leaves, bottles, trash).
- Dust / wipe down patio furniture
- Dust / wipe down walls and lighting fixtures
- Empty outside trash can / replace plastic bin liner
- Remove debris from outside mats

Frontage / parking area: (from JARC trash enclosure to Cambria PT building)

- Sweep and remove surface dirt / grit / sand from pathway and parking stalls
- Dust / wipe down front display case
- Broom clean area inside trash enclosure
- Remove weeds along frontage
- Remove all litter / trash

Tools and brushes, etc. are kept in the shed on the east side of the building with access through the gate on the left-hand side of the building; a combination for the lock is required to get in.